CHAPTER ONE

PSYCHIC POWER!

Here is the secret of "Psychic Power" that has been buried 1,900 years deep.

Since time began, mankind has been searching for this secret. It has been found—*and lost again*—a score of times. The Ancients of all races have had some inkling of it, as is proven by the folktales and legends that have come down to us, like the story of Aladdin and his wonderful lamp, or Ali Baba and his "Open Sesame" to the treasure trove.

Every nation has such legends. Every nation has had its Wise Men, its men of genius and vision who glimpsed the truth that is buried in these old folk tales and who understood at least something of how it works.

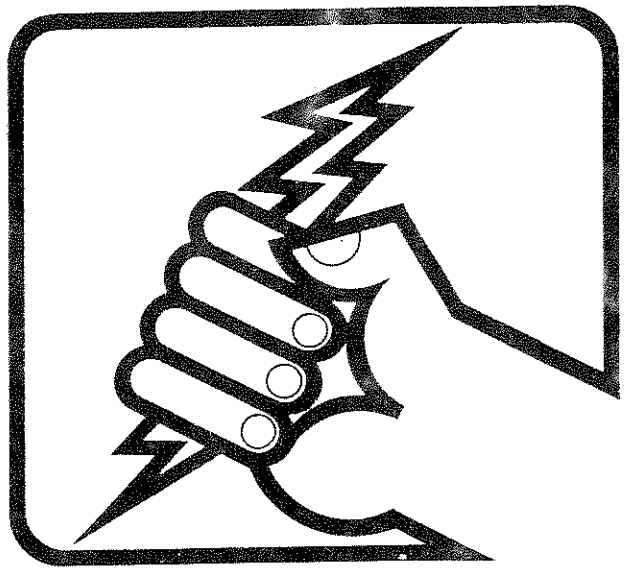
But it remained for Jesus to re-discover this secret in its entirety and then to show us clearly, step by step, how we might use it to bring us anything of good we might desire.

For make no mistake about this: The miracles of Jesus were not something *super*-natural that could be performed only by Him, else how could He have picked seventy disciples—or-

dinary men, uneducated, untaught, fishermen, farmers, taxgatherers and the like—and sent them out two by two to perform miracles and wonders second only to His own, so that they returned to Him with joy, saying, "Lord, even the devils are subject to us through Thy name." How could He have assured us—"The things that I do shall ye do also, and greater things than these shall ye do." The miracles of Jesus were divinely NATURAL. Instead of being departures from natural law, they were demonstrations of what the law will do for you—*if you understand how to use it!*

God does not deal in exceptions. Every force in Nature works along definite, logical lines, in accord with certain principles. These psychic forces will work for anyone who possesses the key to their use, just as Aladdin's fabled Genii would respond to the call of anyone who rubbed the magic lamp. They can be neglected and allowed to lie idle, they can be used for good or evil, but the laws themselves do not change. It is merely the methods of using them that change.

An airplane or an automobile would have seemed as great a miracle to the people of Jesus' day as the curing of a leper. Sending sound waves through the ether, to be picked up by a little box called a radio, would have been as wonderful to our fathers as is the sending of our voice over a beam of light to us today. Yet there



Psychic Power

is nothing super-natural about either of these. The psychic forces of Nature have always been there, ready for our use. It is our *understanding* of them that has changed, our knowledge of how to USE them.

Man in ancient times looked upon the lightning as the wrath of God, just as many deeply religious people look upon poverty and sickness and calamities today in the same way, as visitations of God. Yet man has learned to harness the lightning and make it serve him.

> The laws governing electricity were there all the time, waiting only for the understanding of someone wise enough to show us how to put them to good use. Just so the power to BE and HAVE what you want is right here, needing only for you to *learn how it works.*

Nineteen hundred years ago, there came to this earth a Son of Man who proclaimed that His mission was—"That ye might have LIFE, *and have it more ABUNDANTLY."*

NOT, mind you, that you might learn *how to die,* and thus reach Heaven and a life of comfort, but *that you might have LIFE*—here and now. Over and over again He told us—"What things soever ye desire...ye shall have them." And lest you might think that this referred to some future state, He assured us—"If two of you shall agree ON EARTH as touching anything they shall ask, it shall be done for them."

Furthermore, He gave exact instructions as to how to go about getting the things you desire. When you want psychic power or more of the good things of life, when happiness or success or riches seem to elude you, there is a definite formula for you to use. "Seek ye first the Kingdom of Heaven," Jesus directed, "and all these things shall be added unto you."

"Ah ha!" you say. "There it is. You do have to die and go to Heaven in order to get the psychic power or the good you want." But Jesus must have anticipated that you might think just that, for He pointed out specifically that the Kingdom of Heaven is not afar off, in the clouds or in the next world. "The Kingdom of Heaven cometh not with observation," He said. "Neither shall they say, "Lo here, lo there! For behold, the Kingdom of Heaven *is within you."*

What is "Heaven"?

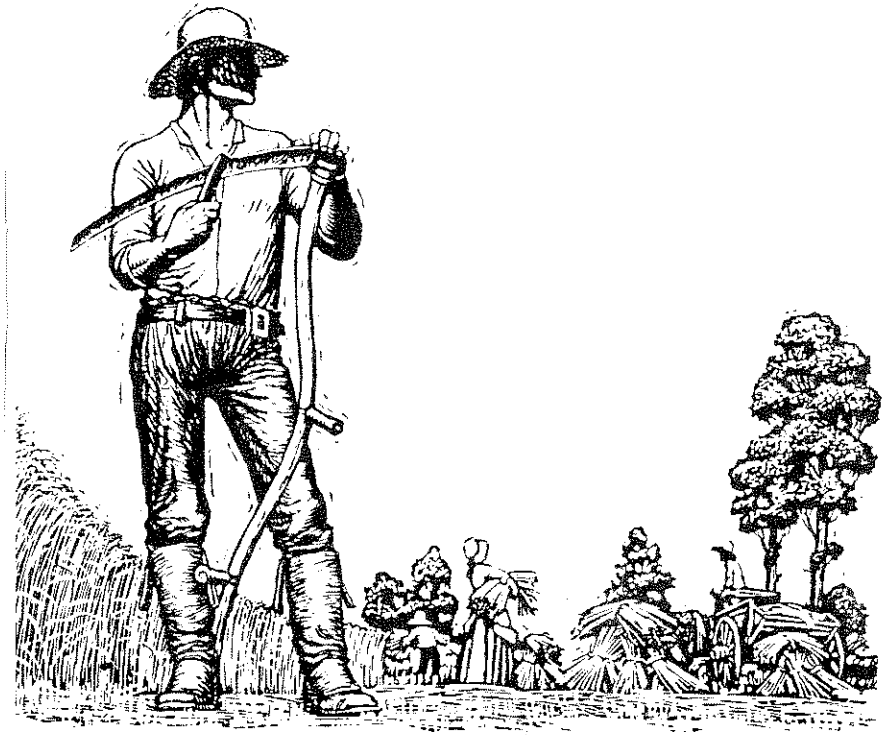
That word "Heaven" is perhaps the most misunderstood word in the Bible. In the original Greek text, the word used for it is OURANOS which, translated literally, means EXPANSION. And what is expansion? It is increasing, spreading out, multiplying, is it not? "Seek ye first the Kingdom of EXPANSION, and all these things shall be added unto you." Seek a

place or a state of being where you can expand, grow, increase, multiply, bring forth psychic power.

This idea is further strengthened by Jesus' own description of what the Kingdom of Heaven is like. "The Kingdom of Heaven is like to a grain of mustard seed, which a man took, and sowed in his field; which indeed is the least of all seeds, but when it is grown, it is the greatest among herbs, and becometh a tree, so that the birds of the air come and lodge in the branches thereof." "The Kingdom of Heaven is like unto leaven, which a woman took and hid in three measures of meal, until the whole was leavened."

What is the property of a mustard seed? *It spreads*—a single seed will grow into a tree, a single tree will produce enough seeds to plant a great field. And what is the property of leaven or yeast? *It expands*—in a single night it can expand a hundred times in size.

Go back over any of the miracles of increase in the Bible and see if they are not all miracles of EXPANSION. How did Elijah make the oil and meal last, so that one measure of oil and a little meal fed him and the widow and her son for an indefinite period? How did Elisha increase the pot of oil for that other widow who came to him to save her sons from bondage, so that she had enough to fill all the vessels she could borrow from her neighbors?



By EXPANDING them, did they not? And how can you expand things in order to receive Psychic Power? We know of only two methods—

1—By PRESSURE from within.
2—By HEAT.

If you want to expand something elastic, you can blow air or liquid into it and thus force it up under pressure, or you can push it out with your hands. But that sort of expansion lasts only as long as the pressure is applied.

To produce PSYCHIC POWER, expansion must come from within the object itself, just as it comes from within every seed that grows. Such expansion comes only from HEAT. To expand water, for instance, you heat it until it becomes steam, and from that expanded vapor, you can get power to do greater work than thousands of men or hundreds of horses could do.

If you want to expand metal, you bring it to a white heat, and while in that state, you can make of it anything your skill can contrive.

If you want to expand coal, and draw from it the rich gases and coal tar and dyes and other derivatives hidden under its hard exterior, you have only to heat it. In short, the one prerequisite to the expansion of almost any element from within seems to be HEAT.

But how can we use heat to expand our

Psychic Power? Should we then throw everything into the fire and hope to get our increase from the flames? By no means. Certainly that was not the way Jesus did it. Nor the Prophets.

They used heat, but it was a different kind of heat. It was the heat of LOVE, of PRAISE and BLESSING, fanned by the breath of FAITH. Take the time, for instance, when the multitudes had followed Jesus out of the cities into a desert place. In front of Him stood 5,000 hungry people. To feed them, Jesus had only five loaves and two small fishes. What did He do?

He first BLESSED the bread and the fishes. He PRAISED them. He THANKED God for them.

You who have worked with people—especially with children or simple-minded folk—know the effects of PRAISE. Children expand under it. They do things they would otherwise find impossible. It seems to increase their energy. Certainly it taps well-springs that are ordinarily closed to them. The same is true in the handling of animals—of people.

A famous Sales Manager was having difficulty with his men. Their sales had slumped, and his "pep" talks, his urgings, his threats, had failed to bring them up again. He put up a large electric sign in the main corridor of his building, where everyone who came through would see it:

"Praise!"

"The salesman whose work has been most outstanding this week is ...."

Immediately the sales jumped, and from that week on he never had to worry about a slump again.

How does this apply to inanimate things? The answer is that there are no inanimate things. Science today shows us that everything is full of life. Inside the apparently inert lump of lead or iron are tiny atoms of whirling energy, dashing here and there, bounding and rebounding and circling around like miniature solar systems, with a rapidity to which the speed of an airplane is as nothing. The mass as a mass may be quiet, but inside is boundless energy.

Where there is ceaseless energy, there is Life. Where movement is orderly and seemingly in accord with a well-laid plan, there is bound to be Intelligence. And where there is Intelligence, there must be RESPONSIVENESS.

It is this Responsiveness on the part of everything in life that makes it possible for you to prove the truth of the Scriptural promise that man should have PSYCHIC POWER over the earth and over everything upon or under the earth.

How can you exercise that Psychic Power?
Not by force. Not even by prayer.
But by PRAISE!

As Charles Fillmore puts it—"There is an inherent law of mind that we INCREASE whatever we PRAISE. The whole of creation responds to praise, and is glad. Animal trainers pet and reward their charges with delicacies for acts of obedience; children glow with joy and gladness then they are praised. Even vegetation grows better for those who love it. We can praise our own ability to receive Psychic Power, and the very brain cells will expand and increase in capacity and intelligence, when we speak words of encouragement and appreciation to them."

God gave you Psychic Power over the earth. Everything is your servant, but remember it is said in the Scriptures that God brought every beast and fowl to Adam, *to see what he would call them.* You are like Adam in this, that you can give to everything and everybody you come in contact with the name you like. You can call them good or bad. And whatever you call them, that is what they will be to you—good servants or evil ones. You can praise or curse them, and as you do, so will they be to you.

The Law of Increase

There is one unfailing Law of Increase—*"Whatever is praised and blessed, MULTIPLIES."* Count your blessings and they increase. If you are in need of money, start in now to praise every small piece of money that comes to you, blessing it as a symbol of God's abundance and love. You will be surprised how soon that small piece of money will increase to many pieces. Take God into your business. Bless your store, your cash register, every one that works for you, each customer that comes in.

If you are working for someone else and want a better job or more pay, start by BLESSING and being THANKFUL *for what you have.* Bless the work you are doing, be thankful for every opportunity it gives you to acquire greater skill or ability or to serve others. Bless the money you earn, no matter how little it may be. Be so thankful to God for it that you can give a small "Thank offering" from it to someone in greater need than yourself. Suppose the Boss does seem just the same. Be thankful for the opportunity to SERVE faithfully, no matter now small the immediate reward may seem to be. Give your best, give it cheerfully, gladly, thankfully, and you will be amazed how quickly the INCREASE will come to you—not necessarily from your immediate boss, but from the Big Boss over all.

I remember reading a letter from a woman in the Mid-West drought belt in which she said that they,

unlike most of their neighbors, had an abundant supply of WATER, and excellent crops. "When my husband plows a field," she writes, "I ask God to bless each furrow. Each seed that goes into the seeder is blessed, and the realization held that it will produce abundantly according to His righteous law. Our neighbors marveled at the abundance of hay that we cut this year. The hay was sold before the third cutting was put up.

"Each day, in the silence, I put the ranch 'Lovingly in the hands of the Father.' I ask God to bless everybody that comes in contact with the ranch."

Few realize the power of praise and blessing. Praise may be called the great liberator. You remember the story of Paul and Silas. They lay in jail bound with chains, but they did not despair. They rejoiced and sang hymns of praise, and lo, the very walls were shaken down and they were set free.

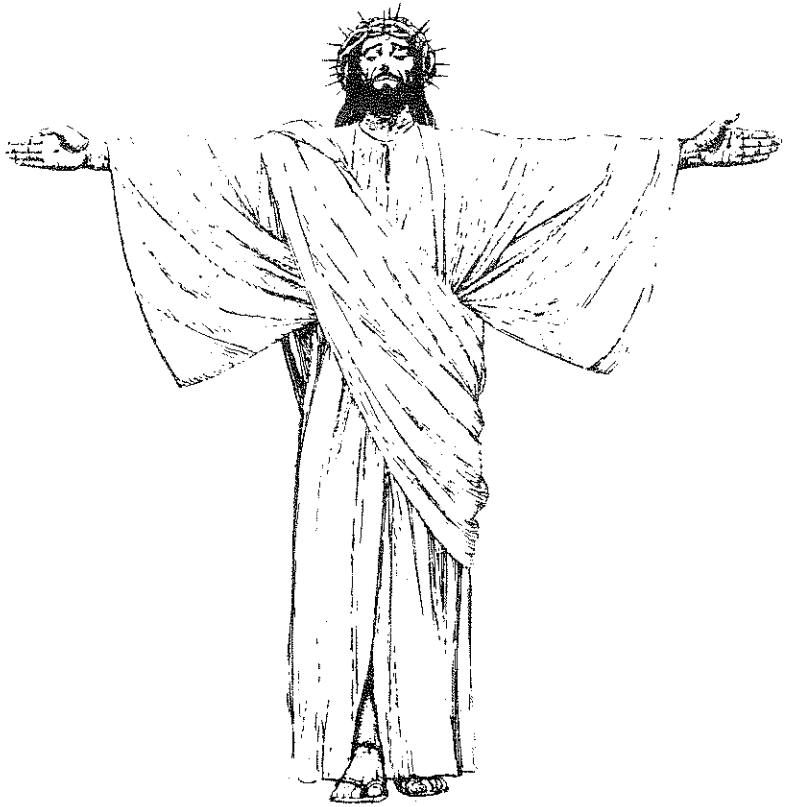
Praise always magnifies. When we praise God and then look about us and praise His invisible presence in all that we see, we find that the good is so magnified that much becomes evident that we ordinarily fail to see. Running through all of Jesus Christ's acts as well as His teachings we find the glowing element of praise. When He looked at five loaves and two small fishes and realized that He had a multitude to

feed, His first thought was a thought of praise. "And looking up to heaven, he blessed."

Go back over the Old Testament and see how often you are adjured to "Praise the Lord and be thankful, that THEN shall the earth yield her increase." Probably no life chronicled in the Scriptures was more beset with trials and dangers than that of King David. And what was his remedy? What brought him through all tribulations to Psychic Power and riches? Just read the Psalms of David and you will see.

"Jehovah reigneth; let the earth rejoice;
Let the multitude of isles be glad.
Bless Jehovah, O my soul;
And all that is within me, *bless* his holy
name...
Who forgiveth all thine iniquities;
Who healeth all thy diseases."

"If anyone could tell you the shortest, surest way to all happiness and all perfection," wrote William Law, "he must tell you to make it a rule to yourself to thank and praise God for everything that happens to you. For it is certain that whatever seeming calamity happens to you, if you thank and praise God for it, you turn it into a blessing. Could you therefore work psychic miracles, you could not do more for yourself than by this thankful spirit; for it turns all that it touches into happiness."



"Give Thanks!"

How then can YOU increase your Psychic Power? How can you get more of riches and happiness and every good thing of life? In the same way as the Wise Men and the Prophets of old. In the same way that Jesus twice fed the multitudes. In the same way that He filled the disciples' nets to overflowing with fish, after they had labored all night and caught nothing.

By EXPANDING what you have! And the way to expand is through love, through praise and thanksgiving.

Throughout the Bible we are told—"in everything by prayer and supplication WITH THANKSGIVING let your requests be made known unto God." Again and again the root of inspiration and attainment is stressed: *Rejoice, be glad, praise, give thanks!* "Prove me now herewith, saith the Lord of Hosts, if I will not open you the windows of heaven and pour you out a blessing, that there shall not be room enough to receive it."

One of the startling facts of modern science is that this universe is not a finished product. Creation is going on all around us—new worlds being formed, cosmic energy taking shape in a million different molds.

But a far more startling fact to most of us is that WE ARE CREATORS with PSYCHIC POWERS, and that we can form today the world we personally shall be living in tomorrow.

People blame their environment, their education, their opportunities, their luck, for their condition. They are wrong. There is one person to blame—and only one—THEMSELVES. They are today the result of their thoughts of yesterday and the many yesterdays that preceded it. They are forming today the mold for what they will be in the years to come.

For there is NO such thing as Failure. Whether you are poor and sickly, or rich and strong, you have succeeded in one thing. You have compressed the cosmic energy about you into the mold that you held before the mind's eye of your inner self. You have named the forces that worked with you "good" or "bad," and as you named them, so have they been to you as servants—Good, or Evil.

But there is a happy ending. You don't need to leave things as they are. If you don't like the present results, you can rename those servants. You can bless and praise the Psychic Power within you, no matter how tiny it may seem, and by your praise and blessing, you can expand it a thousand-fold.

Perhaps this may be easier to believe if you remember that it is the way all of Nature works. Take the mineral kingdom: A group of cells shows "cohesion" or the ability to stick together. Why? Because all are of the same kind, the electronic life in them revolving at the same rate. In like manner, they possess the

"Don't Blame Your Environment."

ability to *repel* any other kind of cell that might attempt to join the group, because the rate of motion in those other cells is different.

In the vegetable kingdom, the process of selection is greater. Each group of cells attracts to itself from its immediate environment all those cells that are exactly like those forming that particular plant, and it repels all others. Thus tomatoes and potatoes and beans and a dozen other vegetables can all grow side by side, yet remain entirely separate and distinct in their organisms. No part of the potato will be attracted by or absorbed into the tomato, or vice versa. Each uses its selective properties to remain true to type.

In Tune With the Infinite

The first essential to putting yourself in harmony with the Infinite "Psychic Power" about you is to relax, to take off the brakes. For what is worry or fear or discouragement but a brake on your thinking and on the proper functioning of your organs, a slowing down of your entire rate of activity?

It is said that the Devil once held a sale of all the tools of his trade. Everything was displayed—his keen-edged daggers of jealousy, his sledge-hammer of anger, his bow of greed, his arrows of lust and covetousness, his weapons of vanity and fear and envy and pride. And under each was its price.

But in the place of honor, framed and set apart from all the rest was a small wedge, dented and marked with use. The name of this wedge was "Discouragement," and the price set upon it was higher than all the other tools combined.

Asked the reason for this amazing difference, the Devil explained—"It is because this is the one tool I can use when all others fail. Let me get that little wedge into a man's consciousness, and it opens the way for everything else. That wedge has opened more doors to me than all my other weapons combined."

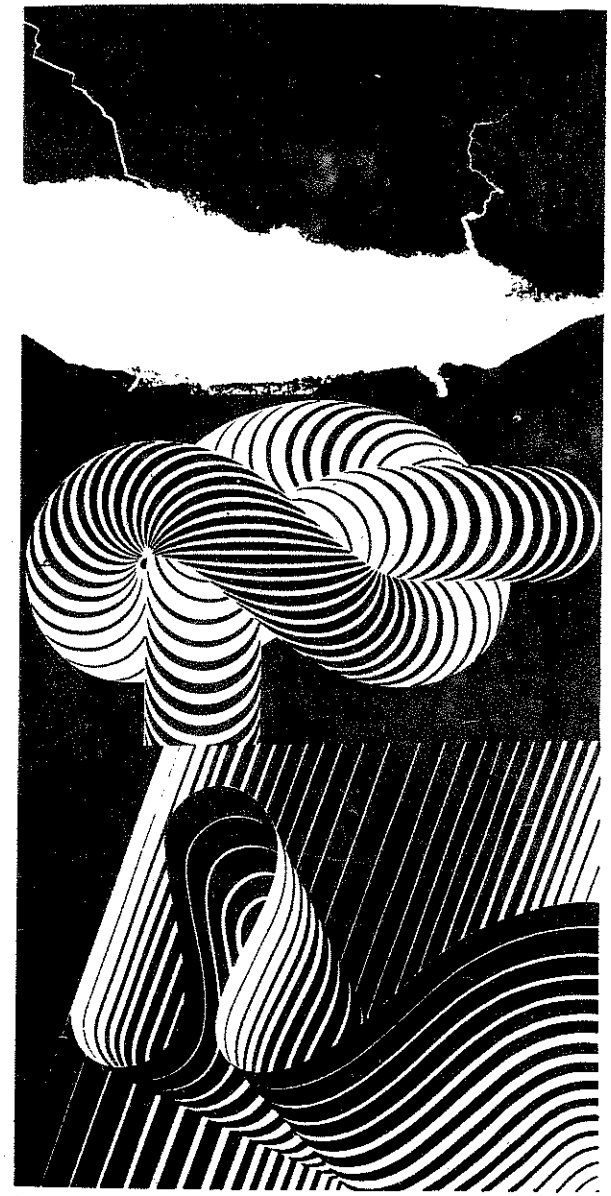
Few things will slow down your rate of activity as much as Discouragement. Few offer greater resistance to the "Psychic Power" that is trying to manifest itself in your mind.

You remember Ohm's Law in electricity. $C = E \div R$. C is the amount of electrical energy to be delivered at the point of use. E is the amount available from the power house. R represents the resistance offered by all the things through which the current must flow.

If there were no resistance, the full amount of current generated by E would be delivered. But there is always some resistance. Even the best conductor offers a little, and you can't deliver current without a conductor. So the amount actually delivered depends upon the power available, divided by the resistance.

All the energy of the universe is around you. You can have all the "Psychic Power" you desire. But it must first go through you—*and you won't let it.* You put up more resistance to the Psychic Power than all the non-conductors that ever interfered with an electrical circuit. You can't believe that the "Psychic Power" is so easily available. You feel that it can come to you only after hard struggle, and disappointments and pain. You insist upon putting these non-conductors in its path. You add worries and fears and hates and envies, so that by the time the "Psychic Power" reaches you, its current is so weak that there is little left.

Like attracts like. Hate brings hate, and all the ills that follow in its wake. Envy and fear and worry attract discord and disease. If you want Psychic Power, in your life, if you are seeking riches and success, attune your thoughts to these. BLESS the circumstances that surround you. Bless and praise those who come in contact with you. Bless even the difficulties you meet, for by blessing them, you can change them from discordant conditions to favorable ones, you can speed up their rate of activity to where they will bring you "Psychic Power."
It is only lack of RESPONSIVENESS to Psychic Power that produces the lacks in your life. Psychic Power works on the plane of EXPANSION. Psychic Power revolves at a high rate of activity. You can key your activity to that same rate by an expectant, confi-



dent state of mind. You can bring all your surroundings and circumstances up to that same level by BLESSING them, PRAISING the Psychic Power in them.

Remember, the Psychic Power magnet lies in your own thoughts. Upon the quality and activity of that magnet depend the good or evil that will be drawn to you. You are the Master of your fate. You are the architect who determines the materials that are to be used in making your life and your circumstances. You have the power of SELECTIVITY.

How, then, shall we order our lives, to the end that we may have the Psychic Power to produce the good things we seek—riches and happiness, health and success? How shall we lead our children in the right paths, how shall we help others?

"Seek ye first the Kingdom of EXPANSION...and all things else shall be added unto you."

"Psychic Power is all around you."

CHAPTER TWO

THE LOST "WORD" OF PSYCHIC POWER

Since the childhood of the race mankind has been haunted by the knowledge that all around him are riches and supplies sufficient to more than satisfy his every want—if only he could lay his hands on the key to make those riches available.

You find this thought running through the ancient Chinese and East Indian legends, you meet it in the tales of Aladdin and Ali Baba from the Arabian Nights, you come across it in the folklore and myth of every by-gone people. Van Dyke tells of it in the "Lost Word" and Longfellow in "Sandalphon."

In most of these tales, the key takes the form of same magic word, as in the story of Ali Baba, where his "Open Sesame!" opened to him the door of the robbers' treasure cave, containing uncounted riches.

Even among the Jewish Rabbis, there was a secret cult called the "Cabala," which believed that writing was revealed to man as a means of penetrating the Divine mysteries, and that every letter, every word and number, even every accent in the Scriptures contains a hidden meaning. And by their system of interpretations, they arrived at this hidden meaning.

But there was one word that was lost, and this word was the most important of all—*the secret name of God!* One of the very foundation stones of the ancient Jewish religion was that the knowledge of the secret name of God enabled any one who possessed it to perform the most marvelous Psychic Deeds.

This secret name was said to have been revealed to Moses by God himself, taught by him to Aaron and handed down to the High Priests of Israel. It was the secret enshrined in the Holy of Holies. It was the supreme object of all attainment, for with it one could do anything.

The possession of this secret name was believed to be the power by which Moses was able to overcome all the might of the Pharaohs, to bring down the ten plagues upon Egypt while keeping his own people free, to divide the Red Sea, to lead the Israelites through the wilderness to the edge of the Promised Land. Elijah had it, and Elisha—all the great wonder-workers of

antiquity—and by it they cured the sick and the crippled, by it they defeated great armies, by it they even raised the dead.

Sounds incredible, of course, but the strange part is that *It Is True!* To him who knows the secret name of God, all things are possible. It is the Lost Word of Psychic Power, the "Open Sesame!" of Aladdin, the "Schem-Hammaphoraseh" of the Israelites. What is more, YOU can learn it. Not only *learn* it, but USE it!

How?

"The Word is near unto us," we are assured in Deuteronomy, "even in our hearts and in our mouths." But how get hold of it?

In the Book of Job, we are told that "If there be a messenger with us, an interpreter, we shall be delivered from going down into the pit." And again in Job, we are assured that by acquainting ourselves with God, we shall not only be at peace, but shall lay up gold as dust and have plenty of silver.

On through both the Old and the New Testaments, we are told that if we possess certain understanding, all things we desire shall be ours—riches and honor, health, happiness and triumph over our enemies. And again and again we are given the records of those who triumphed through such understanding.

The Bible might well be called the Book of Promise, so many and so varied are the promises of good in it. And through all of these

promises there runs this common element—the idea that if we acquire certain wisdom, certain understanding, all good things will be given us.

Job makes them contingent upon rightly interpreting a certain message. The Psalms speak of their attainment, through "ways made known unto Moses." Solomon adjures us to seek first understanding, and all else will follow.

Similar promises are to be found in the Vedas and the sacred books of other old religions.

For an idea to persist through so many ages, it must have at least a grain of truth back of it. And that there is more than a grain of truth in these promises, we think you will agree when you have read the following.

"Lord of a thousand worlds, I AM;
I've reigned since Time began;
And night and day, in cyclic sway,
Pass by while their deeds I scan.
Yea, Time shall cease ere I find release,
For I AM the Soul of Man."

CHAPTER THREE

PART II.

THE LOST "WORD" OF PSYCHIC POWER

"Thou shalt also decree a thing and it shall be established unto thee." Job 22:28.

You know, of course, that, reduced to the ultimate, everything in this universe is merely a form of energy—so many protons and electrons revolving about each other with the speed of express trains. You and I and the chairs on which we sit, the desks where we work, the trains we ride on, the houses we live in, are merely so much electrical energy, with varying degrees of density.

All about us, in the air we breathe, in the interstellar spaces, everywhere, is more of this same energy—only in its free state, uncondensed.

The process of condensing this infinite supply of energy is going on all the time. So, likewise, is the process of freeing it. Every living growing organism is continually condensing energy. Every living and dying organism is constantly releasing it. Each move you make, each breath you take, releases a certain amount of energy in

the waste matter you throw off through your nostrils and pores.

But—and here is something everyone does *not* know—*every thought you think releases or condenses psychic energy, through its action upon your nerve centers.*

To get at the principle behind this, let us go back for a moment to the first forms of life upon earth, for while forms keep changing through the ages, principles remain the same. When you want to see how a principle works, study it first in its simplest form, then watch it continue its unvaried way through all the changing forms that follow.

It matters not whether you choose plant or animal life, it is bound to start with the single cell. And the first cell, plant and animal alike, rested upon the waters, where it could ABSORB the nutriment it needed from the waters about it.

Through all the different gradations of vegetable and animal life, *that one basic principle has never changed.* Every live cell, no matter whether in man or vegetable, is just as much immersed in water today as was the original cell that rested on the face of the waters millions of years ago. Not only that, but it still depends upon the water around it for all its nourishment. There are differences in the outer form, in the controlling brain, *but no difference in*

the life principle. All life is cell life. And all cell life depends for its nourishment upon the water by which it is surrounded. Hearts, brains, stomachs, limbs—these are mere means to an end of keeping every cell in our complicated organisms fully supplied with water containing the elements those cells need for life.

But the farther an organism gets from the single cell resting alone upon the waters, the more complicated its functioning becomes and the more difficult to maintain life. Yet the life-principle is a stubborn principle, and has shown its power—not once or twice, but literally millions of times, to overcome any obstacle, to draw to itself from the elements around it WHATEVER IT NEEDS FOR SURVIVAL AND GROWTH.

When the different species of animals increased and began to prey upon one another, what happened? Did the weak then perish from the earth? On the contrary! They promptly developed means of escape or defense. One species grew a shell, another a sting, a third greater speed, a fourth secreted an ink-like fluid that so colored the waters about as to make it invisible! Always each form of life showed that it had within itself power to draw to it whatever elements it needed for survival.

Why, then, have so many species perished from the earth? What became of the pterodactyl, the tyrannosaurus, the mammoth, the dinosaur, all the other giant monsters of antiquity? The same thing that became of Egypt and Persia, Greece and Rome. They perished—not from weakness, *but from STRENGTH!* They grew so great and powerful that they thought they had all the strength they needed within themselves! They stopped reaching out for new life, new energy, new forms. They stopped stirring up the life in them, and complacently let it settle in the form they thought invincible. Naturally they perished!

You see, the whole principle of cell life, from the single cell on the waters to the highest product of creation, man, rests NOT upon storing up energy, but drawing its needs from the waters around it *as those needs develop.* When you close the openings (pores) in a cell, or wall it round so new elements cannot enter, you kill the cell. So the first essential of cell life is keeping the pores open.

But that would seem to leave the cell without protection from enemies or elements. How did the early forms of cell life get around this, how did they develop their shells, their stings, their scales, their wings? Again by drawing upon the elements around them, but this time each according to what the center of its nervous organism conceived to be its needs. The same water, the same air, surrounded all, but each drew from

them the particular elements it needed for survival, just as the seed of wheat draws from the soil one element, the cotton seed another, and the seed of the tobacco plant still a third.

The point is that in the circle of its drawing power (its magnetic circle, we might call it) lies whatever element each cell needs for survival and for expression. But it must keep reaching out for these. It must keep growing. No matter how tight the shell it builds around itself, it must leave openings for new life to come in. If it does not, it perishes. The moment a cell, or an animal, or a man, or a nation, becomes so self-satisfied or so confident of its own strength that it walls itself in and ceases to draw upon the outside of life, it starts to die.

You find that thought expressed in the Bible in a dozen places. "Thus saith the Lord," cried the Prophet Jeremiah, "cursed be the man that trusteth in man, and maketh flesh his arm, and whose heart departeth from the Lord. Blessed is the man that trusteth in the Lord, and whose hope the Lord is. For he shall be as a tree planted by the waters, and that spreadeth out her roots by the river, and shall not see when heat cometh, but her leaf shall be green; and shall not be careful in the year of drought, neither shall cease from yielding fruit." And Ezekiel put it—"I will seek that which was lost, and bring again that which was driven away,

and will bind up that which was broken, and will strengthen that which was sick. *But I will destroy* the fat and the strong."

You see, life is dynamic—not static. It hates complacency, self-satisfaction. It wants to be stirred up, it insists upon being drawn upon, and if *you* won't do it, it throws you into the discard and gives the chance to someone else.

What would happen to a cell in your own body that grew so fat and strong that it closed itself to all the lymph (water) around it? It would dry up and die, would it not, and your lymph would bend its efforts towards getting rid of it to make room for a live cell that would USE the nourishment with which it was surrounded.

The same is true of every form of life. You, for instance, are just a cell in the great God-body of the universe. All about you is the lymph of God—the electrical energy in the ether which contains every element you need for life, for your surroundings, for your expression. The only thing you must do is give it form.

You *are* giving it form every minute, in your body, your circumstances, your surroundings. The trouble is, you are doing it unconsciously, so more often than not you give it the forms you *fear* rather than the ones you want. What is the remedy?

1st, to learn how to consciously and intelli-

gently give this energy the form you want it to take.

2nd, to break up the old imperfect or grotesque forms made by fear, and cast them into the discard.

How did the crayfish get its shell? How did the bee get its sting, the serpent its fangs, the bird its wings? They were not created that way. They came through a gradual process of evolution. And what brought them was the need for escape from imminent danger, the urgent need acting galvanically upon the *nervous center* of each creature, impelling it to draw upon the elements around it for what it felt was necessary to it for survival.

Remember that: it is not the intellect, not the brain that draws things to you. It is your NERVE CENTERS—*your solar plexus and sympathetic nervous system. They are your radio power stations, their nerve ends your antennae. You can reason from now until Kingdom come, you can intellectually desire a thing forever—and never get it. It is when you get the urge into your* FEELINGS, *when your whole being vibrates to the Need for it, that you draw to yourself from anywhere and everywhere the elements necessary to its manifestation.*

That is why the sincere love of a man for a maid so often draws to him the object of his affections, even though at first she seems entirely indifferent to him. Love sets his *nerve centers* vibrating with feeling, with desire, and unless neutralized by counter waves of doubt and fear, draws to itself its own.

But it works as surely the other way, too. Fear and jealousy are just as potent energizers of the nerve centers, and they draw to themselves the elements they dwell upon quite as certainly.

You see, nerve centers came before the brain, and as psychic magnetic factors, they are still more potent than the brain. They responded to outside influences before there was any such thing as a brain, and even now, if the brain be removed, the nerve centers continue for a time to react to certain impulses. Darwin noted this in the reflexes of a decapitated frog:

"If a drop of acid be placed on the lower surface of the thigh of a headless frog," he writes, "it will rub off the drop with the upper surface of the foot of the same leg. If this foot is cut off, it cannot thus act. After some fruitless efforts, therefore, it gives up trying in that way, and at last makes use of the foot of the other leg and succeeds in rubbing off the acid. Notably we have here not merely contractions of muscles but combined and harmonized contractions in

due sequence for a special purpose. These are actions that have all the appearance of being guided by intelligence and instigated by will in an animal, *the recognized organ of whose intelligence and will* (the brain) *has been removed.*"

Tests have proven the same principle to be true of human tissue. The cells react to certain outside impulses after being removed from the body, exactly as they would when connected with the brain. In short, it is your *nerve centers* that are the seat of all your reflex actions. And it is your nerve centers that magnetize your Psychic Powers for good or ill, for fortune or disaster.

Think back for a moment to some of those times when you have been worried, fearful. Remember what a "gone" feeling it gave you in the pit of your stomach, remember how your nerves were on edge all over your body, so that any sudden noise made you jump, any trifling annoyance exasperated you beyond all reason?

Why?

Because your nerves were keyed tight like so many violin strings, and they vibrated to the slightest touch. It is when they are in this state that they are most like a radio antenna, drawing to themselves from the whole universe the elements they seek. "Psychic Power!"

But when keyed up by fear or anger or worry, the elements your antenna seek out are those related to their causes, and they usually take

form as sickness or trouble or disaster of some kind.

You can key your antenna to just as receptive a pitch through any other emotion, and draw to you every element of Psychic Power instead of evil.

It is nature in her primitive state at work all over again. To those creatures who feared greatly, she gave shells to shut themselves up in. To the fierce and those easily angered, she gave teeth and claws and sinews for battle. But to those who loved peace, she gave wings to soar aloft, far from all the turmoil and strife, with safety and seclusion in the topmost branches of the tallest trees. To each according to what it conceived to be its own needs.

What are YOUR needs?

A meaningless job, enough food to eat, a place to sleep? Then these are all you will get. *Make your needs great ones, worthwhile ones!* The life in you is just as capable of drawing to you the elements necessary to fill them. But to get them, you have to break out of your shell; in fact, you have to break up into pieces the "Shell of Circumstance" that has formed around you, and start all over like the single cell.

The only biological reason for old age is that the cells of the body become clogged with waste matter, until every pore and passage is literally encased in a hard shell, and though surrounded

by life, *new life (Psychic Power) can't get in!* The remedy is the same as for a dry, hard sponge—squeeze it tight, immerse it and let what water *will* come in. The first time, there won't be much, but each time you squeeze it, the water will wash out more and more of the impurities that clog it, until finally you have a fresh, clean sponge, capable of drawing to itself and holding the maximum amount of water.

The same principle holds true of you as a cell in the God-body of the universe. You are surrounded by lymph (the water in the body, you know, is called lymph. In the case of the universe, let us take the electrical energy all around us, of which everything is made, as our lymph). Yet you have been getting from it only a bare existence, while others around you no more able, no more worthy, have been drawing down all the comforts of life. What is your trouble?

Get rid right now of any idea that it is because your neighbor is more favored than you, with brains, or opportunity, or education. These help, but they are not decisive factors. The deciding factors are WHAT YOU REQUIRE FROM LIFE and ON WHAT YOU PUT YOUR DEPENDENCE FOR IT!

If trees depended upon root pressure alone to drive the water to their topmost branches, we should have forests of nothing but stunted

trees. It is the evaporation of the moisture in the leaves that carries water to the tops of even the tallest trees.

Just so with you. If you depend upon your skill or ability alone, you will never get far. You will be stunted all your life. You will be living in your own shell dependent upon the nourishment your roots can bring to you from the soil immediately around them. In other words, you will be dependent entirely upon the skill of your hands or the work of your head. But that is the smallest part of you. Psychic Power comes to you when you reach out with all your millions of antennas that you get the *whole universe* working for you until you tower head and shoulders over all about you.

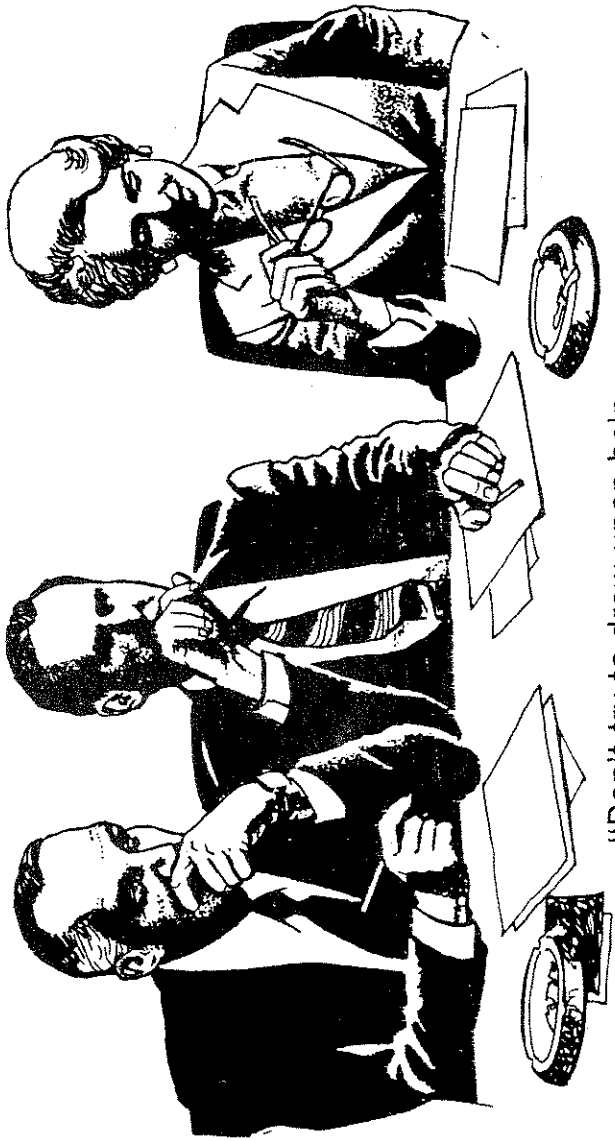
You are not to draw upon the help of the universe through your friends or relatives or those around you!

No, indeed!

You are to draw "Psychic Power" as all cell life has from the beginning—*through your own self, through your nerve centers!*

When the crayfish needed a shell, he didn't borrow the requisites for it from his neighbors. He drew upon the lymph around him for the elements necessary to its making, letting them work through him. And that is what you, too, must do.

But first you must make sure that every pore and passage is open to that lymph. You must break down every wall that hedges you in. You



"Don't try to draw upon help from your friends."

must smash every shell that keeps the Psychic Power out. You must let go of all fears, all hatreds, all resentments.

When you plant a seed of corn, what is the first thing you do? Break up the ground, is it not? But after a while, that ground settles again and the rain and wind and sunshine bake it as hard as a shell.

What do you do?

Break it up—that the warmth and the air and the moisture may freely reach your seed of Psychic Power. Only thus can you expect your "Psychic Power" to increase and multiply an hundredfold.

You are like that seed of corn. You were planted in rich soil, but the storms of circumstance and the heat of struggle have baked it into a hard shell that holds you down. You have to break that shell before you can bring forth "Psychic Power."

Your habits of thought, your outlook on life, your circumstances and surroundings, all form part of that shell. You must break them up. You have been accustomed to depend upon your own unaided skill or abilities for your opportunities. You have looked to your customers, or business associates, or your own physical efforts, for your rewards. All these are right enough, if you can be satisfied with the mere work of your hands, but if you are looking for the *big* rewards, you must break up all dependence upon circumstances and condi-

tions. How shall you break it up?

How is it done throughout all nature? The conditions surrounding you have congealed into their present form as the result of circumstances over a long period of years, so your shell is hard and strong. It will take some breaking. Let us, therefore, choose for our analogy another hard shell, the black walnut.

When the black walnut wants to bring forth fruit, what does it do? It heats, does it not? The heart of it, the kernel of it, germinates so great a desire for growth that it bursts from its shell, breaking the tough casing into pieces.

What follows then? It GIVES all its vitality, all its power, to send forth a shoot—upward, into the air! Not, mind you, a root into the earth to get nourishment and help. *First it gives all it has* in sending its shoot upward. Only when it has used up the vitality inherent within itself does it put out roots. And what happens then? The warmth of the sun, taking from that shoot all the moisture is has to give, *by that very process* DRAWS *into it from the earth beneath the elements it needs for growth!*

YOU are the kernel, in the shell of circumstance that surrounds you. To burst from that shell takes a desire so strong, so sincere, that it breaks up every dependence upon the conditions that have been supporting it, and sends up the shoot of all it has to offer of skill

and ability and possessions, content to stand or fall by the fruit it can bring forth.

Perhaps the easiest way to explain how this works is to quote from the story by Lloyd Douglas—"The Magnificent Obsession" (published by Willett, Clark & Colby). It starts with the account of young Dr. Hudson, despondent, discouraged, his wife just dead after a long illness that had taken his practice and mortgaged his future for years. One day a successful sculptor asked him—"Would you like to be the best doctor in this town?"

He thought the man crazy, but finally consented to go to his home one evening and hear the formula.

"You may be interested to know," the sculptor explained after the usual preliminaries, "that I was an ordinary stone-cutter until about three years ago, hacking out stamped letters with a compression chisel. From my youth, I had cherished an ambition to do something important in stone. But there was never any money for training; never any time for experiment. Such crude and hasty attempts as I had made from time to time, had netted nothing but discouragement."

"One day, I went to the Church my little girl attended, and heard a preacher read what is on this page (pointing to a page torn from the Bible). It evidently meant nothing to him, for he

read it in a dull, monotonous chant. And the congregation sat glassy-eyed, the words apparently making no impression. As for me, I was profoundly stirred. The remainder of the hour was torture, for I wanted to get out where I could think.

"Hurrying home to our bare little house, I found—with considerable difficulty, for I was not familiar with the Bible—that page from which the minister had read. There it was—in black and white—*the exact process for achieving psychic power to do, be, and have what you want!* I experimented."

With that he handed me the magic page. "Of course," he explained, "you will not realize the full importance of all this, instantly. It seems simple because it was spoken dispassionately, with no oratorical bombast or prefatory warning that the formula he was about to state was the key to psychic power!"

Edging his chair closer to mine, he laid a long hand on my knee and looked me squarely in the eyes.

"Doctor Hudson—if you had a small, inadequate brick house, and decided to give yourself more room, what would you need for your building?...More brick....If you had a small, inadequate steam engine, you would want more steel to construct larger cylinders—not a different kind of steel but merely more room for

expansion....Now—if you had a small, inadequate personality, and wanted to give it a chance to be something more important, where would you find the building materials?

He seemed waiting for a reply, so I humored him.

"Well—according to the drift of your argument, I presume I would have to build it out of other personalities. Is that what you're driving at?"

"Pre-cisely!" he shouted. "But—not 'out of'!...Into...This theory I am talking about doesn't ask you to build your personality out of other personalities, but *into them!*"

"I'm afraid it's all too deep for me," I admitted, befuddledly.

He rose and stamped back and forth.

"See here! You know all about blood transfusions. That's in your line. Superb!...One man puts his life into another man...Doctor—how do you accomplish a blood transfusion? Tell me in detail!"

"Well,—it's simple enough, except for one obstacle. The blood must be kept from coagulation as it passes from the donor to the recipient. Even when the artery and the vein are attached by a little cannula, the blood soon clogs the glass; so to avoid that stoppage, the vein of the recipient is passed through the cannula, carrying the vein and cuffed back over the end of it.

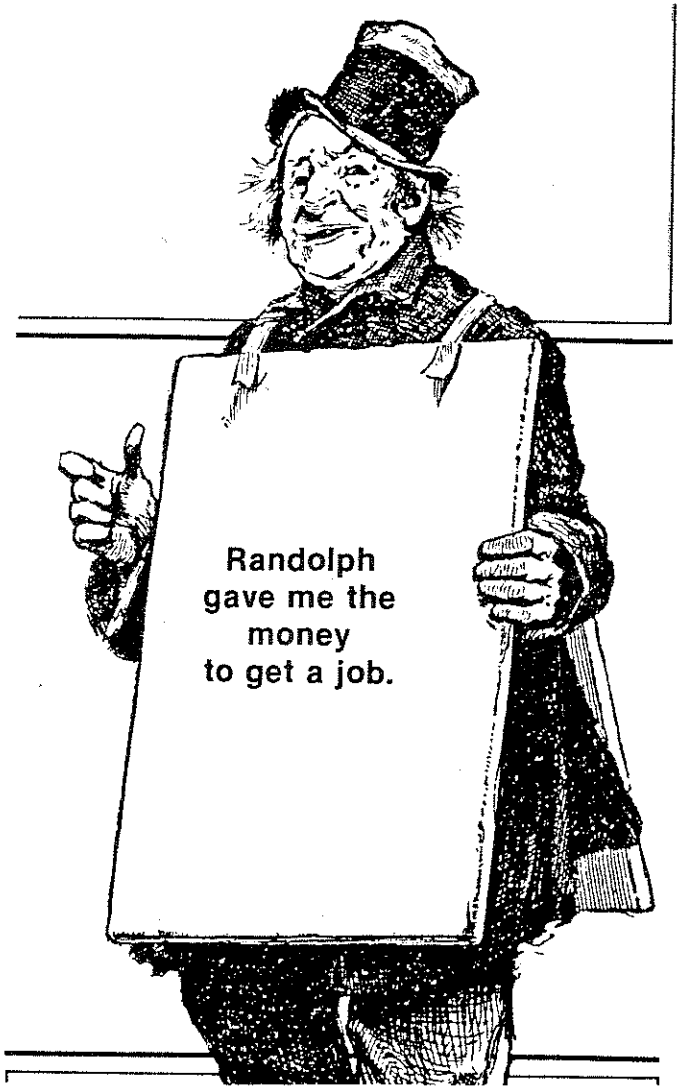
Then the cannula, carrying the vein, is inserted into the artery of the donor. The point is, you see, to insure against any outside contact."

Randolph, the sculptor, seemed mighty pleased, especially with the feature which concerned the problem of coagulation.

"You will notice there," pointing to the page in my hand, "that the first step toward the achievement of psychic power is an expansion—a projection of one's self into other personalities. You will see that it has to be done with such absolute secrecy that if, by any chance, there is a leak along the line of transfer—the whole effect of it is wasted! You have to do it so stealthily that even your own left hand— doesn't know what your right hand is doing."

Randolph returned to his chair, and went on in a lowered voice:

"Hudson—the first time I tried it—I can tell you of the incident freely because nothing ever came of it, although it had cost me more than I could afford, at the time, to do it—the chap was so grateful he told a neighbor of mine, in spite of my swearing him to secrecy. He had been out of work and there had been a long run of sickness in the family, and he was too shabby and down to make a presentable appearance in asking for a job. I outfitted him, schooled him and send him out on a job interview.
He told!



A neighbor told me the next day. So there was more than One Hundred and Sixty Dollars of my hard-earned cash squandered."

"Squandered!" I shouted, in amazement. "How squandered? Didn't he get the job?"

Randolph sighed.

"Oh, yes," he said. "He found a job. I was glad enough for that, of course. But—that didn't do me any good! You'd better believe—the next time I made an outlay I informed the fellow that if I ever heard of his telling anybody, I would break his neck."

He laughed merrily at the remembrance of the incident.

"The man thought I was crazy!" he added wiping his eyes.

"You might well be disgusted with that," pursued Randolph, "if I were trying to get psychic power, that way, to stack up a lot of money for my own pleasure. *All I wanted was the effective release of my latent ability to do something fine!*....On the night of the day I made my first successful projection of my personality—I cannot tell you what that was—I dare not—I went literally into a closet in my house, and shut the door. That's the next step in the program, as you have read there on that page. You see—I was very much in earnest about this matter; and, having already bungled one attempt, I was resolved to obey the rules to the letter....Later, I discovered that the principle will work elsewhere than in a closet. Just so you're insulated.

"Oh—Randolph—for God's sake!" I exploded. "What manner of wild talk is this?"

"I confess I can't understand," said Randolph impatiently, "why did you find this so hard to accept! Why—it's in line with our experience of every other energy we use! Either we meet its terms, or we don't get the power. What did Volta's battery or Faraday's dynamo amount to practically, until DuFay discovered an insulation that would protect the current from being dissipated through contacts with other things than the object to be energized?....Most personalities are just grounded! That's all that ails them.

"So I went into a closet; shut the door; closed my eyes; quietly put myself into a spiritually receptive mood, and said, confidently, addressing the Major Personality,—*'I have fulfilled all the conditions required of me for receiving the psychic power! I am ready to have it! I want the capacity to do just one creditable work of statuary!'*

"That was late in the night. I came out of that dark, stifling little closet with a curious sense of mastery. It put me erect, flexed the muscles of my jaw, made my step resilient. I wanted to laugh! I tried to sleep; and, failing to do so, I walked the streets until dawn. At eight-thirty, I approached the manager of the factory were I worked and asked for six months' leave. When he inquired my reason, I told him I had it

in mind to attempt to sculpt (invent) something the factory could sell.

" 'Something we might use, perhaps?' he asked.

" 'I am confident of it,' I said, surprised at my own audacity. It was enough that I had determined to survive somehow, without wages, for six months; but now I had made an extravagant promise to the manager. He was thoughtful for a while and then said:

" 'I'll give you a chance to try it. For the present, you are to have your usual pay, and a studio to yourself. If you produce something we can place, you will share in the sale. Your hours will be your own business. I should be glad if you succeeded.'

"I began work at once in a flutter of excitement. The clay seemed alive in my hands! That first day was a revelation. It was as if I had not really lived before. All colors were more vivid. I want you to remember that, Hudson. See if you have the same reaction. Grass is greener; the sky is bluer; you hear the birds more distinctly. It sharpens the senses—like cocaine.

"That was on a Friday, the tenth of June. On the first day of September, I invited the manager in to see the cast I had made. He looked at it for a long time without any remark. Then he said, quietly, 'I have some people who may be interested in this.'

"The next afternoon, the manager's clients

came in—a man and his wife. She was in black. They had recently lost their little boy. She cried at first, heart-breakingly. But, after a while, she smiled. It made me very happy when she smiled. I knew then that I had been able to express my thought.

"I was told to go on with my project and put it into white marble....Quite incidentally, the people adopted the boy I had used for a model."

It was about four o'clock when I left Randolph's house that night. I was in a grand state of mystification. I went home resolved that I would make an experiment similar to his. All that day, I was aware of being on a quiet, unrelenting search for some suitable clinical material to be used for an experiment in the dynamics of personality-projection....The strangest feature of my mood, however, was the fact that the psychic power I had begun, rather vaguely, to grope for—under Randolph's urging—was not the mere satisfaction of an ambition to make myself important or minister to my own vanity....For the first time, my profession seemed to me not as a weapon of self-defense but a means of releasing myself.

How Dr. Hudson succeeded in projecting his personality through others, and how it made of him not merely all that Randolph had promised—"the best doctor in his town"—but one

of the biggest in the world, but that is only part of the story.

The important part, the part for you to take to your heart and make your own, lies in his secret of success, a secret that will work just as surely for you as it did for him, the secret of multiplying your psychic power by projecting it through other entities, casting your bread upon the waters so it returns increased an hundredfold.

You see, it all comes back to terms of electrical energy, for what is energy but psychic power, and what are personality, skill, ability, riches, but different forms of psychic power? If you want to increase your stock of these, what must you do? Put these to work, must you not? Put them out at interest, as in the parable of the talents. No energy ever expanded until it was released. No seed ever multiplied until it was sown. No talent ever increased until it was used.

You want more power, more riches, greater ability, a wider field of usefulness. How are you going to get them? *Only by putting out at interest that which you have!*

And the way to do this lies—NOT in working for *riches* as such—BUT FOR INCREASE IN THE FORM OF ENERGY YOU HAVE.

Do you know what is the most important lesson in the whole Bible? Do you know what

principle was considered so vital that God is said to have used it on three of the six days of creation, and it is repeated no less than six times in the first chapter of Genesis alone? Just this:

"EVERYTHING REPRODUCES AFTER ITS OWN KIND"

Go back over the miracles of increase in the Bible. What do you find? When the widow of Zaraphath gave Elijah her oil and meal, what did she get? MORE OIL AND MEAL, did she not? Not gold or riches, but INCREASE AFTER ITS KIND.

When another widow begged Elisha to save her sons from bondage, he asked—"What hast thou in the house?" And when told—"Naught save a pot of oil," it was the *oil* he increased, was it not?

When the multitude lacked for bread and the Apostles asked Jesus what they should do, He did not turn the stones into bread, or bring forth gold with which to buy it. No. He asked—"How many loaves have you?" And when told five, and two fishes, He based His increase upon *them.*

Where does that leave us? You want more psychic power, more ability, a greater field of usefulness. How are you going to get them? BY PLANTING WHAT YOU HAVE WHERE IT

WILL SHOW THE GREATEST INCREASE!

It takes 90% of a locomotive's power to start the heavy train of cars, but only half of 1% to keep it going. In other words, a locomotive running along a level track at ordinary speed is using only one half of 1% of its power. The rest is reserve energy, needed only for the heavy grades and the starting load.

Suppose every man and woman were such an engine, their job in life the train. Think how few people there are who would ever get started. Most are like an engine coupled on to too heavy a train, which puffs and strains and tugs, and tears itself to pieces spinning its wheels, but never gets farther than the one spot. Many of those who do get started fail at the first heavy grade; and at every succeeding grade.

Suppose you were to give some of these a push—just enough to start them or to ease them to the top of the grade—wouldn't you be entitled to half their surplus power when they came to a nice, level stretch of smooth running? Wouldn't you be like the storekeeper who grubstakes a prospector—*entitled to half his find?*

And wouldn't that excess power be just what you need to carry *you* to some height you had longed for, but never been able to reach alone, to enable *you* to perform some task of such Herculean proportions as to put you in the ranks of genius?

That is the Secret of Psychic Power—the secret written in the Vedas 2,000 years before Christ, the secret that Jesus gave us a dozen different times in as many different wordings! How to use that secret, and what the Lost Word of Psychic Power really consists, of will be given in Part III, which follows.

CHAPTER FOUR

PART III

THE LOST "WORD" OF PSYCHIC POWER

In concluding Part II of "The Lost Word of Psychic Power," we brought out the fact that it requires 90% of the average locomotive's power to start its train of cars, but only half of 1% to keep it going on a level stretch of track. Using the simile of everyone as a locomotive, his work in life the train, we agreed that when we helped anyone to start a train too heavy for him alone, we released 99½% of his psychic powers, and were therefore entitled to a share of that surplus energy.

That is the secret of psychic power as expressed in the Vedas 2,000 years before Christ: "If any two people will unite their psychic forces, they can conquer the world, even though singly they can do nothing." That is the secret of psychic power Jesus gave us: "If two of you shall unite as touching anything they shall ask, it shall be done for them of my Father, which is in Heaven."

"But," I can hear you say, "I've given to charity all my life. I'm an easy mark for all my friends when they need money, and no panhandler ever passes my by. Yet it's never gotten me a thing. And there is Jones, too, who has always tithed to his Church, and whose

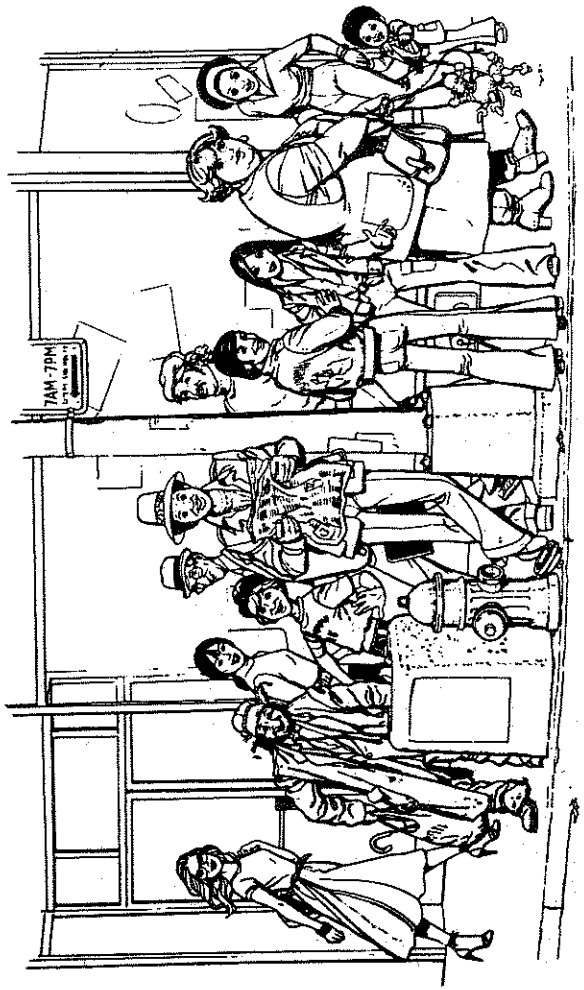
name is on the roll of every charitable enterprise. Yet he got caught in the stock market, and now hasn't a thing. Don't tell *me* giving to charity brings a man any increase."

I am not trying to tell you any such thing. You may give everything you have to the poor, and get no good from it, just as you may put all your money into wildcat stocks, and never get a cent back. Giving is just as much an investment, as picking sound stocks or bonds.

If you were in the business of grub-staking prospectors, hoping thus to come in on half of a great gold mine, you'd be pretty careful of the men you staked, would you not? You'd try to steer clear of lazy, drunken loafers, who were looking merely for a few months' free grub, because you would know that you might spend all your money grub-staking such, yet you'd never get one cent's return.

And you would not put your money into a syndicate organized for the purpose of grub-staking miners, unless you had a lot of confidence in the judgment of the men who were going to hand out the supplies. You'd rather trust your own judgment than leave this to most men, wouldn't you?

Yet when you give to charitable organizations, that is exactly what you are doing—putting your money into an organization for grub-staking rather than attending to it yourself. And



when you give to every panhandler, you have a little chance of returns as if you grub-staked a shiftless, drunken prospector.

You see, it is not the *giving* that counts. It is the INCREASE!

Does that sound selfish? Is it selfish for a farmer to refuse to plant his seed in poor ground, and save it until he finds the right soil? Is it selfish for an engineer to refuse to turn his steam into a broken-down engine, and save it until he can find one capable of developing power?

It does not matter how much money you give—if it fails to *produce*. The man who spends $100,000 dollars grub-staking prospectors does not get any more out of it than the one who spends $100—if none of them finds gold. $10,000 sunk in a dry hole in the oil fields will not add a single star to your crown, here or hereafter, and neither will the same amount wasted on derelicts.

If you want psychic power from your giving, give where it will produce psychic power. Give to someone who is TRYING, pick one who is straining every nerve to do produce his own psychic power, choose one who will add all his own psychic power to what you give him, and make the two carry him over the top.

But above all, remember this—"Take heed that ye do not your ALMS before men, to be

seen of them; *otherwise ye have no reward of your Father which is in Heaven.*"

To go back to the simile of the two freight trains, suppose, after you have helped another train over the grade, you or the engineer of it use all your surplus energy to toot your whistle, to tell the world what a fine fellow you are. How much better off are you? You are like the Mississippi steamboat that had to tie up to the bank every time the captain blew the whistle. You have used up all your power. As Jesus put it—

"Therefore, when thou doest thine alms, do not sound a trumpet before thee, as the hypocrites in the synagogues and in the streets, that they may have glory of men. Verily, I say unto you, *they have their reward.*

"But when thou doest alms, let not thy left hand know what thy right hand doeth that thine alms may be in secret; and thy Father, who seeth in secret Himself shall reward thee openly."

That brings us to the next important point. When you give, give freely, gladly, just as the farmer would be glad to find a new field of virgin soil to plant his seed, or the engineer a new outlet for his power. And look for your reward—NOT to the return of your gift, *but to*

the resultant power!

"Except a corn of wheat fall into the ground and die," said Jesus, "it abideth alone. But *if it die,* it bringeth forth much fruit."

In "The Magnificent Obsession," the people Dr. Hudson helped often tried to pay him back. Invariably he refused to accept it, and when pressed for the reason, his answer was—"Because I've already used it all up myself!"

You can *lend* money, and get 6% or 10% or whatever interest you can get away with. But if you want to increase it—"some thirty, some sixty, and some an hundredfold"—you've got to GIVE it as completely as the farmer gives his seed to the ground. Once planted, the seed itself is lost to him forever. It is to its FRUIT that he looks for his reward. Naturally, after he had eaten of that fruit, Dr. Hudson was not going to accept the return of the seed, even when it could be dug up and given back to him.

But how does all this explain the method of breaking up the shell of wrong conditions, drawing upon the elements about you for the right conditions?

When you want to break up anything, the surest way to do it completely is to get at the very heart of it, is it not? Nearest to the heart of almost every man are his possessions. If he will let go of them freely and willingly, he will let go

of everything else. When he loses them, he is willing to put his dependence upon God, but as long as he has material possessions to depend upon, he is likely to put more or less of his dependence upon them.

So when conditions become more than you can bear, when difficulties beset you and obstacles hem you in and there seems no human way out, start the break-up of the conditions that surround you by GIVING—giving freely and cheerfully—*but giving where it will release psychic power!*

Most people will find it hard to do that. As long as it is merely intellectual effort that is required of them, they will follow. But to *give*—after all the work it took to get together those few possessions—*that's different!*

To find the Lost Word of Psychic Power, we must first define what a "word" is. It is a mental image, is it not? "In the beginning was the Word," says St. John. In the beginning was the mental image.

To give our word psychic power, we must fill out our mental image with whatever elements it needs to give it life. To see how this is done, let us go back again to our single cell. It was surrounded by water, you know, and it drew every element it needed for life from the water around it by absorption. And what it did then, it does now.

Every living cell draws the elements it needs for life from the water (or in the case of the higher animals, from the lymph) around it.

But where groups of thousands of millions of cells work together in a single organization, as in the body of any animal, it takes a complicated organism to provide the water and the different elements that must go into it, so mouths and stomachs and hearts and lungs and all the different tubes and passageways had to be evolved. More than that, when it became necessary to pick certain elements for food, means had to be found for finding them, so, the organism put out "feelers", which presently developed into eyes and ears and hands and feet. But intelligence was required to search for and distinguish the proper elements for food, so nerve centers were formed, with "wires" which came to the surface all over the body and acted like so many antennas, reporting to the central nervous system, or the brain.

These millions of antennas are good for more than the mere *receiving* of impressions from the outside. They are hands that can reach out for what they want. They are the *sending* wires for all the tiny microphones located in your nerve centers, that can broadcast a need, and then gather in each necessary element as it appears.

What was it enabled the crayfish to grow a

shell, the bee a sting, the bird its wings? Neither more nor less than the nerve centers of these creatures, broadcasting the need for certain new elements lest they perish from the earth, then reaching out for them with their thousands of hands. Fear of annihilation had already broken up their dependence upon their old organisms. They knew they could not with their limited means survive the dangers besetting them, so they set their nerve centers vibrating with the appeal to all the powers of the universe for the elements they conceived necessary for life.

Those same means are just as available to you in any crisis today as to those early forms of life. Instead of only two hands, you have millions. Instead of being dependent upon one or two hooks for the "fish" you need from the lymph about you, you have a net capable of catching a million times as many. And the means of using your net have not varied.

1—Break up the shell of circumstance surrounding you. Disclaim it and cast off all dependence upon it.

It is this breaking up that is aimed at in the "affirmations" of the most successful metaphysical religions and the most practical psychologists of today. When a metaphysician repeats—"There is no life, truth, intelligence or substance in matter," what else does he mean than that he is taking his faith out of the form

into which his circumstances or body or surroundings have congealed, breaking them up, and asking for a new deal?

For those who feel inclined to scoff, let me say right now—*"It works!"* And any experienced physician will tell you he has *seen* it work. How does it work?

In the same way it works for the superintendent of a foundry to tell the foreman that a certain casting is no good, he is not going to accept it, and it must be done over. What does the foreman do? Throwing that casting into the next heat, fixes his mold more carefully and pours it again.

Your Mind is the Superintendent, your Nerve Centers are your Foundry Foremen with millions of workers at their command in the tiny antennas that come to the surface all over your body. Whatever mold your mind gives to them, in that mold the Nerve Centers cast your circumstances, your surroundings, your body.

But—if you don't like the casting, you can refuse it, and make your founders melt it down and try again. And it was for this purpose that "affirmations" were first devised.

Because of the efficacy of such affirmations when earnestly and understandingly used, I give you below a "breaking up" affirmation for you to use when limitation and lack, or difficulties and trials beset you:

"There is no permanence, no reality to any circumstance or condition unlike God—psychic power. For all is Mind and its creations. God never created anything unlike Himself—good. Therefore there can be no reality in (here specify the troublous circumstance or condition) for it is no part of God's creation."

It is the negative affirmation—the breaking up of the wrong conditions. That is the first essential. But if you stopped there, the wrong conditions, or others as bad, would soon return. You must replace them with the right model. That comes next.

2—Set your nerve center at work, drawing to you from the whole universe all the elements necessary to the fulfillment of your desire. But be sure to give them a model in which those new elements can take shape. Form your mold so clearly, so strongly, that you can actually SEE it in your mind's eye.

This is just as important as the breaking up of the old conditions. Unless you provide proper molds for the new material, you will be like the man Jesus told of, out of whom a devil was driven. When the devil came back, he found the house swept clean and garnished, *but no other occupant there.* So he got him seven other devils more wicked than himself, and took possession. *"And the last state of that man was worse than*

the first."

No use breaking up the old imperfect and unsatisfactory shells, if you are going to let the new psychic power take the same shapes. You must SEE in your mind's eye that new psychic power flowing to you, you must VISUALIZE it in its perfect shape. Only thus can you *"believe that you receive."* And only thus can you HAVE it!

You see, you are a cell in the great God-body just as any cell in your body is part of you. You are surrounded by lymph as surely as is every cell in your physical body. That lymph contains all the elements you can possibly need for complete expression, and complete expression means happiness and health and success to the fullest degree.

There are no limitations. God does not fatten certain of us and starve others, any more than you favor certain cells of your body to the detriment of others. If any cell does not get all the nourishment it needs, it is because it is not working—or now working a-right.

It matters not how great the demand for psychic power. There is plenty for all. And as fast as the supply is used, more of that power is poured in by the blood stream. There is never any lack, any limitation. Each cell has only to freely use all it has, in order to absorb as much of the power as it wants.

The cell's only danger is *not from lack* of

nourishment around it, but from *inability to take it in* because of clogged pores and passages. As before stated, the only reason for sickness and old age is failure on the part of the cells to throw out the used elements, and consequent clogging to the passages so they cannot take in the elements necessary to new life.

It is the shell again—allowing circumstances or conditions to congeal to such a point that you are helpless against them. You have to break them up—and keep breaking them.

In certain exercises, stretching and the like, you find the way to break up such conditions in the physical body. And in the methods for GIVING outlined earlier in this lesson, are the ways to break them up in the God-body.

When you have followed those rules, you can set the nerve centers in you seeking and DEMANDING psychic power. Like Randolph in "The Magnificent Obsession," you have fulfilled the conditions. You have only to put yourself in the right frame of mind to receive it. To do that, "enter into your closet," in other words, go where you can be quiet and undisturbed, and when you have shut the door, repeat the affirmation given above under No. 1, but add to it:

"I am a perfect cell in the great God-body, surrounded by lymph containing every element I need for complete and perfect expression. I

am drawing upon that lymph now for every element of life, every ounce of psychic power, every bit of understanding I need to (here put in whatever thing it is you want to accomplish. Then *see it taking form* as you bless it.) I bless it, and baptize it God's own perfect (whatever it is) in the name of the Father, the Son and the Holy Ghost."

Bless that new form as it takes shape in your mental mold, and hold that mold to it (hold the faith, hold the image before your mind's eye) until it hardens so all can see it.

And if you want to know the Lost Word of Psychic Power—the secret name of God—it is "I AM." "Before Abraham," said Jesus, "was I AM." And throughout the Old Testament, you find frequent references to God as the eternal I AM.

That is the secret of success in all prayer, in everything you do—that there is only one present, only one bit of time you need to worry about—the everlasting NOW. "Whatsoever things ye ask for when ye pray, believe that ye RECEIVE them." Not, mind you, that you are going to get them in some dim and distant future, but that you HAVE them *NOW!*

You are part of the great I AM. You HAVE everything of good NOW. You ARE perfect. You HAVE health and strength and power and riches and happiness. It remains only for you to

make these manifest. How are you to do this?

1—By sowing you: seeds of the harvest you wish to reap.

2—By cultivating it through serenity and faith.

3—By visualization—seeing in your mind's eye the abundant harvest you are praying for.

4—By thanking God for it.

Difficulties may beset you, obstacles get in your way, ill health holds you down. *Bless them!* Know that there is only one God and He is good, therefore anything evil that may trouble you is GOOD in disguise. You have heard the old aphorism that—"When Fortune means to man most good, she looks upon him with a threatening eye."

If you can bless every seeming evil, know that it is really Good working for you in another guise, and that it is working with all else of life for your own good, it will quickly show you the silver lining underneath. It is only as you RESIST that it turns to harm.

"Resist not," Saint Paul bade us, "but overcome with good." Serene faith, perfect trust that God is working for your good even through what may seem great evil, will turn the greatest misfortune to your gain. Mind you, that doesn't

mean pious resignation or any cant of that sort. It means active faith, the kind of faith John Burroughs had in mind when he wrote—

"Serene I fold my hands and wait;
Nor care for wind or tide or sea:
I rave no more 'gainst time or fate,
For, lo! my own shall come to me.

"The stars come nightly to the sky;
The tidal wave unto the sea;
Nor time, nor space, nor deep, nor high,
Shall keep my own away from me."

Please reread this book twice, putting into practice its teachings as you read, making sure that each reading is at least three days apart and you will start to receive more Psychic Power than you ever dreamed possible.